

#### COVID-19 Waiver:

Due to the highly contagious nature of the current COVID-19 virus outbreak and potentially any other virus that can be contracted from both symptomatic and asymptomatic people, The Summer Strength Program, Cougar Booster Club and Lakeville Area Schools and all their representatives assumes no responsibility for the contraction of any illness as a result of your participation in this training session. All participants are required to comply with daily self-assessment, and social distancing expectations. Failure to do so could result in removal from the program and the premises. The Program will not be responsible for determining whether or not any participant has or does not have COVID-19 or any other illness before, during, or after this class or class activity. Anyone having any illness is required to not attend training sessions and communicate illness status with the program Administrators. It is recommended that during the COVID-19 pandemic that the participant consult their doctor before participating and follow the CDC guidelines related to social distancing and wearing personal protective equipment.

#### General Waiver:

You understand that participation in any physical development program poses certain risks to the participant. Although extremely rare, accident or injury that could result in any degree of disability, up to and including death is possible. I hereby release ISD#194, Lakeville South Strength Booster Club and its representatives from any and all liability resulting from injury or accident due to participation in the Summer Strength and Conditioning Camp.

#### Health Insurance Waiver:

By agreeing to the waiver, I am acknowledging that the participant is covered by a Health Insurance policy for any injury or illness that could be incurred by the participant as a result of participation in the Summer Strength and Conditioning Program. You understand that ISD#194, The Lakeville South Strength Booster Club, and its representatives do not provide any form of Medical Insurance coverage for injury or illness incurred by any participant in the Summer Strength and Conditioning Program.